



2023-2-BG01-KA210-VET-000185392

# ASSESSMENT LEVEL 1: REACTION SMILE SHEET

THEME CODE		THEME TITLE ESCO SI	ESCO SKILL		
	Т05	EMPOWERING OTHERS TO ADOPT SUSTAINABLE PRACTICES THROUGH EFFECTIVE COMMUNICATION AND LEADERSHIP  ENGAGE OTHERS TO ADOPT ENUM ENVIRONMENT OF THE ENDLY BEH	NTALLY-		
	Dear learner, please	e rate the following aspects of your learning experience:			
	HOW CONFIDENT AR SETTINGS? (Choose on	RE YOU THAT YOU COULD USE WHAT YOU'VE LEARNED IN A WORK e)			
	Not ready yet – I'm not a	able to use these skills in a real work situation	0		
	Basic awareness – I unde	erstand the concepts but would need a lot of guidance to use them	0		
	<b>Developing skills</b> – I can	use these skills with some help or supervision in practice tasks			
	<b>Confident</b> – I can use the	se skills well on my own in a real setting.	0		
	Expert level – I can use the	hese skills very well and could guide or support others in using them.	0		
			0		
		HE CONCEPTS TAUGHT IN THIS TOPIC, HOW MOTIVATED ARE YOU S IN A REAL WORK SETTING? (Choose one)	1		
	Not a priority – I don't p	lan to focus on using these skills.			
	<b>Low priority</b> – I might us	se these skills, but they won't be a main focus.			
	<b>Moderate priority</b> – I wi	ll try to use these skills when possible.			
	<b>High priority</b> – I will acti	ively look for ways to use these skills.			
	<b>Top priority</b> – I will mak	te using these skills one of my main goals.	<b>(</b> )		
	Views and opinions	Project co-funded by the European Union.  expressed are however those of the author(s) only and do not necessarily reflect	0		

those of the European Union or the National Agency (Human Resource Development Centre).

Neither the European Union nor HRDC can be held responsible for them.





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Which parts of the training were MOST HELPFUL for your learning? What should we make sure to keep in future training?
Which parts of the training COULD BE BETTER OR MORE HELPFUL for your learning?
Remember, your feedback is critical, especially in providing us with constructive ideas for improvement.
Is there anything we didn't ask that you think is important? Anything else you'd like to share with us?





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# ASSESSMENT LEVEL 2: LEARNING ASSESSMENT QUIZ

THEME CODE THEME TITLE ESCO SKILL

**T05** 

### EMPOWERING OTHERS TO ADOPT SUSTAINABLE PRACTICES THROUGH EFFECTIVE COMMUNICATION AND LEADERSHIP

ENGAGE OTHERS IN ENVIRONMENTALLY-FRIENDLY BEHAVIOURS

- 1. (True or false): Influence is the ability to intentionally shape another person's thinking, emotions, or actions.
  - A) True
  - B) False
- 2. (True or false): Influence works on three levels: intellectual, emotional, and behavioural.
  - A) True
  - B) False
- 3. (True or false): People tend to follow what they see more than what they hear.
  - A) True
  - B) False
- 4. (True or false): Managers are often more task-oriented, while leaders are more people-oriented.
  - A) True
  - B) False
- 5. (Choose the right answer): Which of the following best reflects effective new ways of communication within modern organizations?
- A) Relying mainly on long text documents and printed reports
- B) Using visual, short-form content and leveraging digital tools and search engines for quick research and collaboration
- C) Communicating only through formal meetings and memos
- D) Avoiding digital tools and relying exclusively on face-to-face interactions
  - 6. (Choose the right answer): What should sustainability communication be like?
    - A) Vague, general, and promotional only
    - B) Complex, technical, and difficult to understand
    - C) Transparent, understandable, authentic, concrete, and consistent

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- D) Occasional, inconsistent, and focused only on products
- 7. (Choose the right answer): Which of the following best illustrates using the McKinsey Four-Part Influence Model to promote sustainability in a tourism workplace?
  - A) Sending occasional emails about recycling procedures
- B) Managers demonstrating eco-friendly behaviours, training staff, recognizing green initiatives, and mentoring on sustainable practices

8. (Briefly answer the question) How can social media or other digital tools be used in a tourism

- C) Posting sustainability goals on the company intranet only
- D) Holding a single mandatory sustainability lecture

<b>kplace to pro</b> onable. Give 1			ng teammate	es and guest	s? Keep yo	our answer	short and
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Excellent work! Thank you!

Correct answers

1. B, 2. A, 3. A, 4. A, 5. B, 6. C, 7. B





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## ASSESSMENT LEVEL 2: LEARNING ASSIGNMENT

THEME CODE THEME TITLE ESCO SKILL

T05

EMPOWERING OTHERS TO ADOPT SUSTAINABLE PRACTICES THROUGH EFFECTIVE COMMUNICATION AND LEADERSHIP ENGAGE OTHERS IN ENVIRONMENTALLY-FRIENDLY BEHAVIOURS

For individual work

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You have just joined the team of an established hospitality company (depending on your field of study – a hotel, a restaurant, or a travel agency). Your new colleagues have a tradition of gathering for a shared lunch, but you notice that these events lead to significant food waste.

### Task:

Using a digital tool of your choice (e.g., *Canva, PowerPoint, or another*), create an **infographic or visual board** that:

- Raises your colleagues' awareness of the problem.
- Proposes **practical steps** to reduce food waste.

#### **Content Guidelines:**

- Use **facts and data** to explain why food waste is a problem (environmental, social, and/or economic effects).
- Highlight the **benefits** of reducing food waste for people, nature, and society.
- Provide **specific action ideas** that colleagues can easily apply both during the shared lunches and in their personal lives (e.g., portion planning, sharing surplus food, proper storage).





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# ASSESSMENT LEVEL 3: BEHAVIOR CHECKLIST

THEME CODE THEME TITLE ESCO SKILL

**T05** 

EMPOWERING OTHERS TO ADOPT SUSTAINABLE PRACTICES THROUGH EFFECTIVE COMMUNICATION AND LEADERSHIP

ENGAGE OTHERS IN ENVIRONMENTALLY-FRIENDLY BEHAVIOURS

**Instructions:** Use this checklist to assess whether participants demonstrate effective leadership and communication on sustainability and environmental responsibility in their interactions with others after completing the training. Complete the checklist at least one month after the training.

1- 2- 3- 4- 5-Never Rarely Sometimes Often Always

### 1. Communication and Awareness

Explains the importance of sustainable practices in a clear and simple way

Shares facts, examples, or personal experiences to raise awareness..

Avoids technical jargon and make sustainability easy to understand.

#### 2. Motivation and Encouragement

Actively encourages colleagues/guests to act sustainably.

Highlights the positive impacts of eco-friendly actions (for people, the society, or the planet)..





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Gives recognition when others take sustainable actions.

#### 3. Consistency and Results

Consistently practice sustainable behaviors his/herself.

Involves teammates/ colleagues or guests in activities that promote sustainability..

Suggests or support practical solutions to make sustainable choices easier.

Invites others to contribute ideas for greener practices.

Ready to adapt his/her approach if his/her first attempt to engage others doesn't work.

After completing the assessment, summarize the findings:

### • High-level performance (average score 4–5):

The participant consistently demonstrates effective leadership and communication on sustainability and environmental responsibility in their interactions with others, and acts as a role model for others. Training outcomes are excellent.

### • Medium-level performance (average score 3):

The participant demonstrates some effective leadership and communication on sustainability and environmental responsibility in their interactions with others but inconsistently. Additional reinforcement, coaching, or follow-up activities may be required to ensure long-term adoption. Training outcomes are satisfactory.

• Low-level performance (average score 1–2): The participant demonstrates little to no leadership and communication on sustainability and environmental responsibility. Barriers (lack of motivation, resources, or management support) should be identified and addressed. Training outcomes are poor.





### Scenario-based Learning for Green Transversal Skills in Tourism (TRANS4GREEN)

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### **ASSESMENT LEVEL 4: RESULTS CHECKLIST**

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<b>Instructions:</b> The checklist is to be used by a supervisor in the workplace to evaluate organizational results after the training. Compare data, gather feedback, and observe changes. Rate each area as follows:							
0 = No change   1 :	= Some change   2 = Clear positive change						
1. Before & After Comparison -Check data one month before training and one month after.							
Sustainability mes clearly within the	ssages are communicated more frequently and organisation.	$\square 0$	□ 1	□ 2			
More team meetin sustainability topic	ngs, internal updates, or materials include cs	$\square 0$	□ 1	□ 2			
Staff-led sustainal	pility initiatives or ideas have increased.	$\Box 0$	□ 1	$\square$ 2			
Score (0–6):							
2. Short Surveys / Feedback- Collect feedback from staff and tourists (2–3 short questions).							
Staff feel more mo	otivated and engaged in sustainability initiatives.	$\Box 0$	□ 1	$\square$ 2			
Guests notice clea sustainability.	arer communication and leadership on	$\Box 0$	□ 1	□ 2			
Staff report improgoals.	ved teamwork and collaboration around green	$\square 0$	□ 1	$\square$ 2			





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Score (0–6):							
3. Observation Check - Supervisors/trainers observe staff routines.							
Staff actively communicate sustainability messages to guests and colleagues.		□ 1	□ 2				
The training participant encourage and guide sustainable behaviours (e.g., energy saving, waste reduction).	□ 0	□ 1	□ 2				
Examples of initiative-taking and peer leadership on sustainability are visible.	$\Box 0$	□ 1	□ 2				
Score (0–6):							
Final Results							
Total Score (0–18):							

- **Interpretation:** 
  - **7–12 points:** Moderate results some improvements, reinforcement needed.

• 13–18 points: Strong results – training had a clear positive impact.

• **0–6 points:** Weak results – little evidence of change; barriers should be addressed.